

PARTNERS IN CULTURALLY APPROPRIATE CARE (PICAC) FOR WA

Harnessing diversity, enhancing capability & developing cultures

PICAC WA and Dementia Australia

Invites you to a presentation on

YOUR BRAIN MATTERS

Your Brain Matters helps you to look after **your brain**. It is based on scientific evidence about health and lifestyle factors associated with brain function and the risk of developing dementia.

You can learn how to help reduce the risk of dementia in later life especially for people from a Culturally and Linguistically Diverse (CALD) background.

You can also learn about how you can get the support you need for your elderly family and community.



WHERE	WHEN	TIME
Town Hall 16-24 Austral Terrace Katanning 6317	Thursday 18 January 2018	2.45am Registration Start: 3.00pm Finish: 5.00pm

Who is it for?

CALD communities, Carers and Aged Care Service Providers

What do we want to achieve?

Inform you on how to keep your brain healthy and support you can get for elderly members of your family or community, particularly for people from CALD backgrounds

How will it help?

Increases community awareness of dementia risk reduction and highlights issues for people from CALD backgrounds

To Register: **CLICK HERE** or Email: **Fortis.Information@fortisconsulting.com.au**

Registrations close 15 January 2018