

21  
May



Tuesday 21 May 2019



5 to 6.30pm



Technology Park Function Centre  
2 Brodie-Hall Dr, Bentley WA 6102



Free for AAG  
Non-members \$ 35  
Non-member Student/Concession \$25



**AAG**  
Australian  
Association of  
Gerontology

# Workshop

## Intimacy Bank: an innovation promoting choices and building connection in older people's intimate relationships



Announcing the first WA Division event for 2019

Despite evidence that intimacy plays a vital role in health, quality of life, and connection for older people, they are often not adequately supported to exercise choices and independence relating to intimacy.

Initiatives to promote intimacy or sexuality are often limited to (heterosexual) sex and miss broader opportunities to promote healthy intimate relationships.

This workshop explores a new framework for understanding and promoting intimacy for older people.

It will outline what intimacy means to older people and how it is renegotiated in the context of disease, disability, and changing relationships. It will also explore intimacy at the intersections of gender, sexuality, and culture. Participants will be invited to share their ideas for supporting older people to maintain intimate relationships and social connections.

- ~ Explore intimacy from the perspectives of older people
- ~ Learn new ways of promoting intimacy for older people
- ~ Contribute to the development of a national resource on intimacy and ageing

### Our Expert:

#### Dr Catherine Barrett

Director of Celebrate Ageing and the OPAL Institute, a social enterprise promoting the sexual rights of older people. With over 30 year's experience addressing older people's sexuality Catherine is passionate building resources for change, including Intimacy Bank which produces resources building on the voices of older people and service providers.



*The OPAL Institute*  
Promoting older people's sexual rights

[Click here register](#)

To improve the experience  
of ageing through

**CONNECTING**  
**RESEARCH, POLICY and PRACTICE**